

## **STARTERS**

#### SOUP OF THE DAY

Toasted sourdough (v)(gfo) £7.5

### SMOKED MACKEREL PATE

Celeriac remoulade, toasted sourdough (gfo) £8.5

### BRUSCHETTA

Olives, feta, sunblushed tomatoes, toasted ciabatta (v)(veo)(gfo) £8.25

## PANKO SQUID RINGS

Lemon mayo £9

#### WHITEBAIT

Lemon mayo £8.5



## **MAINS**

### WELSH BEEF LASAGNE

Garlic bread, salad £16

## VEGETARIAN GLAMORGAN SAUSAGES

Creamy mashed potato, seasonal vegetables, Welsh blue cheese & leek sauce (v) £16.5

### SLOOP INN CURRY OF THE WEEK

Rice, poppadum, mango chutney (gf)(veo) £15.5 Add chips £2

### **CHICKEN GYROS**

Marinated chicken thighs, pitta bread, chips, salad, pomegranate, tzatziki dip (gfo) £16.5

### SLOW BRAISED PORK BELLY

Teriyaki glaze, sesame rice, honey & stem ginger tenderstem broccoli (gfo) £18.5

### TORTELLONI

Spinach and ricotta tortelloni, arrabiata sauce, rocket, parmesan (vo) £16.5

## SALADS & LIGHT BITES

### CHICKEN CAESAR SALAD

Chargrilled chicken breast, crispy bacon, gem lettuce, Caesar dressing, croutons, parmesan (gfo) £15

### **GREEK SALAD**

Olives, cucumber, tomatoes, red onion, feta, olive oil, oregano (v)(veo)(gf) £14.5

### SLOOP INN WELSH PLOUGHMANS

Honey roast ham, duo of Welsh cheeses, pork pie, pickles, chutney, mixed leaf salad, toasted sourdough (gfo) £15

## **SEAFOOD**

### OUR OWN BEER BATTERED COD

Chips, choice of mushy or garden peas, tartar sauce £16.5

### TRADITIONAL SCAMPI

Chips, garden peas, tartar sauce £15.5

### **MOULES MARINIERE**

Moules cooked in a white wine, creamy garlic & parsley sauce. Served with a choice of toasted sourdough or chips (gfo) £18.5

### THE SLOOP INN FISH PIE

Chunks of cod, salmon, smoked haddock & prawns in a creamy pea & dill sauce, topped with a cheesy lemon mashed potato. Served with salad & crowned with a king prawn £18.5

### SEAFOOD BASKET

Whitebait, squid rings, cod bites, king prawns, chips, tartar sauce £22

## SIDES & NIBBLES

Chips £4 with cheese £5

Garlic bread £4 with cheese £5

Seasonal vegetables £4

Onion rings £4

Mixed leaf salad £4

Sourdough bread & butter £2.5

Olives £4

## **BURGERS**

All burgers are served with coleslaw & chips

### THE SLOOP INN ANGRY DOG

Chargrilled 60z local steak mince burger, applewood cheddar, beef tomato, red onion, baby gem lettuce, mild mustard mayo £16

### **CRISPY CHICKEN**

Crispy chicken breast, applewood cheddar, beef tomato, red onion, baby gem lettuce, sriracha mayo (gfo) £16

### HALLOUMI BURGER

Halloumi cheese, beef tomato, baby gem lettuce, red onion, chilli jam (v)(gfo) £16

### LENTIL & SPINACH BURGER

Lentil & spinach burger, beef tomato, red onion, baby gem lettuce, mango chutney (v)(veo)(gfo) £16

Add bacon for £1.5 Add jalapeños for £1

## FROM THE GRILL

All of our steaks are sourced from local butcher Ken Davies, Crymych, and are aged for a minimum of 21 days

### 10 oz WELSH SIRLOIN STEAK

Chips, garlic & oregano roasted tomato, flat mushroom, onion rings (gfo) £28

### 12 oz GAMMON STEAK

Chips, grilled pineapple, garden peas (gfo) £18

#### LAMB CHOPS

New potatoes, tenderstem broccoli, mint chimichurri (gfo) £24

## SAUCES & EXTRAS

Peppercorn Sauce £3.5 Welsh Blue Cheese & Leek £3.5 Add King Prawns £4

## **SANDWICHES**

All sandwiches & ciabattas are served with crisps & a salad garnish. Sandwiches on either wholemeal, white or gluten free bread.

(Only served 12:00-15:00)

Tuna Mayo, red onion (gfo) £8.5

Honey Roast Ham, tomato (gfo) £8

Welsh Mature Cheddar, chutney (v)(gfo) £8

### CIABATTAS

Steak, caramalised onion, rocket, wholegrain musard mayo £14.5

Goats Cheese, roasted pepper, rocket (v) £12

Smoked Salmon, Philadelphia, cucumber relish £14.5



## **CHILDREN**

### THE ANGRY PUP

40z Welsh beef burger, lettuce, tomato, chips £8

#### **BATTERED COD BITES**

Chips or mashed potato, peas or beans £7.5

# CHICKEN BREAST GOUJONS

Chips or mashed potato, peas or beans (veo) £7.5

### WELSH PORK SAUSAGES

Chips or mashed potato, peas or beans £7.5

### KIDS MAC & CHEESE £7

Grated cheddar cheese (v)

(v) vegetarian (gf) gluten free (ve) vegan (veo) vegan option available
(vo) vegetarian option available (gfo) gluten free option available
Please see our specials screens for our daily changing specials
Some of these foods may contain nuts or other allergens. Please ask our staff for details
To reserve a table, please call us on 01348 831449 or book online at sloop.co.uk